



# German Open Poomsae 2019

## Poomsae - Freestyle

- Date:** 09. + 10. February 2019
- Place:** 21147 Hamburg  
CU Arena  
Am Johannisland 2-4
- Promoter:** Deutsche Taekwondo Union e.V.  
Responsible: Manuel Kolb, DTU - Vice-President Poomsae
- Chairman:** IR Rainer Tobias, DTU - Referee Director  
[rainer.tobias@dtu.de](mailto:rainer.tobias@dtu.de)
- Organizer:** Hamburger Sportfreunde e.V.
- Information:** [www.GOP2019.de](http://www.GOP2019.de)
- Schedule:**
- Friday, 08.02.2019**  
19:00 - 21:00 h, Registration for all, CU Arena
- Saturday, 09.02.2019**  
**Senior and Master Division 18 + years**  
**Freestyle 18 + years**  
07:00 h, Opening of the hall  
07:30 - 08:00 h, Registration for all, CU Arena  
10:00 h, Start of competition
- Sunday, 10.02.2019**  
**Mini, Cadet and Junior Division 8-17 years**  
**Freestyle 8-17 years**  
07:00 h, Opening of the hall  
08:00 - 08:30 h, Registration for Cadet and Junior, CU Arena  
10:00 h, Start of competition
- Qualification:** Poomsae and Freestyle 2.<sup>nd</sup> Kup
- Age:** Age categories are based on the year of birth.
- Registration:** [www.GOP2019.de](http://www.GOP2019.de)
- Deadline:** 30.01.2019

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### Conditions for participation:

Participants from Germany need the DTU Pass. Participants from foreign countries need the membership card of their national federation or the WT-membership card.

All participants have to proof their age and nationality by presenting their valid passport or identification card at registration. Those who are not recognized as adults by law in their own country must submit a written consent signed by parents or lawful guardian accepting the participation and all parts of the official invitation (liability declaration).

Each competitor may only start for his own nation.

By registering, the participants accept the NADA Code in its current version and submit to the application of the anti doping regulations by registering for and participating at this tournament. More information can be found at [www.nada.de](http://www.nada.de).

### Uniform:

All athletes from 1. <sup>st</sup> Poom / DAN must have a WT-approved Poomsae competition uniform.

Mini Division (Ages 8-11): White Dobok or white top with red and black collar, blue pants for males; the same top, but with red pants, for females.

Cadet Division (Ages 12-14): White top with red and black collar, blue pants for males; the same top, but with red pants, for females.

Junior and Senior Division (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females.

Master Division (Ages 51 and older): Yellow top and dark blue pant for both males and females.

### Results:

The contestants agree with the announcement that the results (with the name of the athletes) will be reported on the internet as well as in print media.

### Entry Fees:

Individual competition / Free Style:	€ 45,-- per contestant
Pair competition / Free Style:	€ 50,-- per team
Team competition / Free Style:	€ 60,-- per team

Entry fees to be paid to the following account:

Deutsche Taekwondo Union e.V.

Bank Name: Sparkasse Ingolstadt Eichstaett

IBAN NO: IBAN: DE88 7215 0000 0020 0192 61

BIC Code: BYLADEM11NG

### Registration after Deadline:

Is possible by paying the double fees until **06.02.2019**.

### Competition Rules:

Competition rules WT with variations on this announcement.

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## Poomsae - Freestyle

### Recognized Poomsae Competition:

Round	Participants	Poomsae
1	all athletes*	will be drawn
2	50% athletes/teams with the highest points**	
3	8 athletes/teams with the highest points	

\* The 1<sup>st</sup> round will be cancelled if there are less than 19 participants.

\*\* The 1<sup>st</sup> and 2<sup>nd</sup> round will be cancelled if there are less than 8 participants.

### Form specification recognized Single Competition:

Participants	Age (year of birth)	Poomsae
Mini Division	8 - 11 years 2008-2011	Taeguk 4, 5, 6, 7, 8 Jang
Cadet Division	12 - 14 years 2005-2007	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang
Junior Division	15 - 17 years 2002-2004	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang, Taebaek
Division under 30	18 - 30 years 1989-2001	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division under 40	31 - 40 years 1979-1988	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division under 50	41 - 50 years 1969-1978	Taeguk 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon
Division under 60	51 - 60 years 1959-1968	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division under 65	61 - 65 years 1954-1958	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division over 66	66 years and higher -1953	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

Single competition: 1 athlete (m / f)

### Form specifications recognized Pair- and Team Competition:

Participants	Age (year of birth)	Poomsae
Mini Pair + Team	8 - 11 years 2008-2011	Taeguk 4, 5, 6, 7, 8 Jang
Cadet Pair + Team	12 - 14 years 2005-2007	Taeguk 4, 5, 6, 7, 8, Koryo, Kumgang
Junior Pair + Team	15 - 17 years 2002-2004	Taeguk 4, 5, 6, 7, 8, Koryo, Kumgang, Taebaek
Division Pair + Team	18 - 30 years 1989-2001	Taeguk 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division Pair + Team	31 years and higher -1988	Taeguk 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon

Pair competition: 2 athletes (m+f)

Team Competition: 3 athletes (m+m+m / f+f+f)

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### General Information for

**Recognized Poomsae:** Cut off system

Every running Poomsae will be drawn by lot.

In each competition different Poomsae will be performed.

Achieved points from the rounds before will not count for the new round.

The Poomsae have to be presented in the same order as they were drawn.

After that (starting not later than 1 minute after the end of the first Poomsae) the athlete has to start with the second form.

In case there is a tied score after the completion of the final round on the rank 1, 2, 3 or 4, the contestant who is awarded more points in presentation shall be declared the winner. In case the score is still tied, the contestant with the highest total points (including the highest and lowest points) wins. If it's still tied the referee will decide on a Poomsae to be performed before the final.

The organizer reserves the right to reduce the number of Poomsae to be performed in the preliminary and the semi final round to one (1) Poomsae. In the final two Poomsae are presented.

### Drawing:

The recognized Poomsae for each category will be drawn by the competition board. They will be published on 08.02.2019 on [www.GOP2019.de](http://www.GOP2019.de).

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## Poomsae - Freestyle

### Free Style Poomsae Competition:

Round	Participants
1	all athletes

### Free Style Single Competition:

Participants	age
Division under 11	8 - 11 years 2008-2011
Division under 17	12 - 17 years 2002-2007
Division over 17	18 years and higher -2001

Single competition: 1 athlete (m / f)

### Free Style Pair- and Team Competition:

Participants	age
Division Pair under 17	8 - 17 years 2002-2011
Division Pair over 17	18 years and higher -2001
Division Team under 17	8 - 17 years 2002-2011
Division Team over 17	18 years and higher -2001

Pair competition: 2 athletes (m+f)

Team Competition: 5 athletes (m+m+m+f+f or f+f+f+m+m)

### **General Information for Free Style Poomsae:**

Free Style Poomsae is the performance based on taekwondo techniques with composition of music and choreography. Music and choreography shall be the choice of the contestant. The duration of contest is from 60 to 70 seconds.

Points of mandatory foot techniques shall be awarded only if athletes perform the techniques in the given order as below:

- Heights of jump
- Number of kicks in a jump
- Gradient of spins in a spin kick
- Performance level of consecutive kicks
- Acrobatic actions

Performed techniques must be within the boundary of taekwondo.

In Free Style Competition you perform only one Poomsae.

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- Music:** During registration time on Friday and Saturday, you can submit your music in MP3 format with your name and class.
- Classes:** A change of the age category is not possible. The Team Competitors can only start in their respective age category.
- Protest:** Only the official coach is allowed to protest after 10 minutes of the pertinent contest. The protest is € 100,- which has to be paid immediately to the referee director.
- Liability:** All contestants of the championship participate at their own risk. With the application form all competitors or their parents or lawful guardians accept the exclusion of liability.
- Scoring:** Places 1-4 will be scored for classification of clubs and nations. The formula 6 - 3 - 1 - 1 will be used. Reported teams of the German nations associations (state divisions) will only be recognized in the country-score.
- Award presentation:** Medals for places 1 - 4 in the individual classes,  
Medals for places 1 - 4 for pair- and team classes,  
Trophies for places 1 - 5 for clubs,  
Trophies for places 1 - 5 for nations.